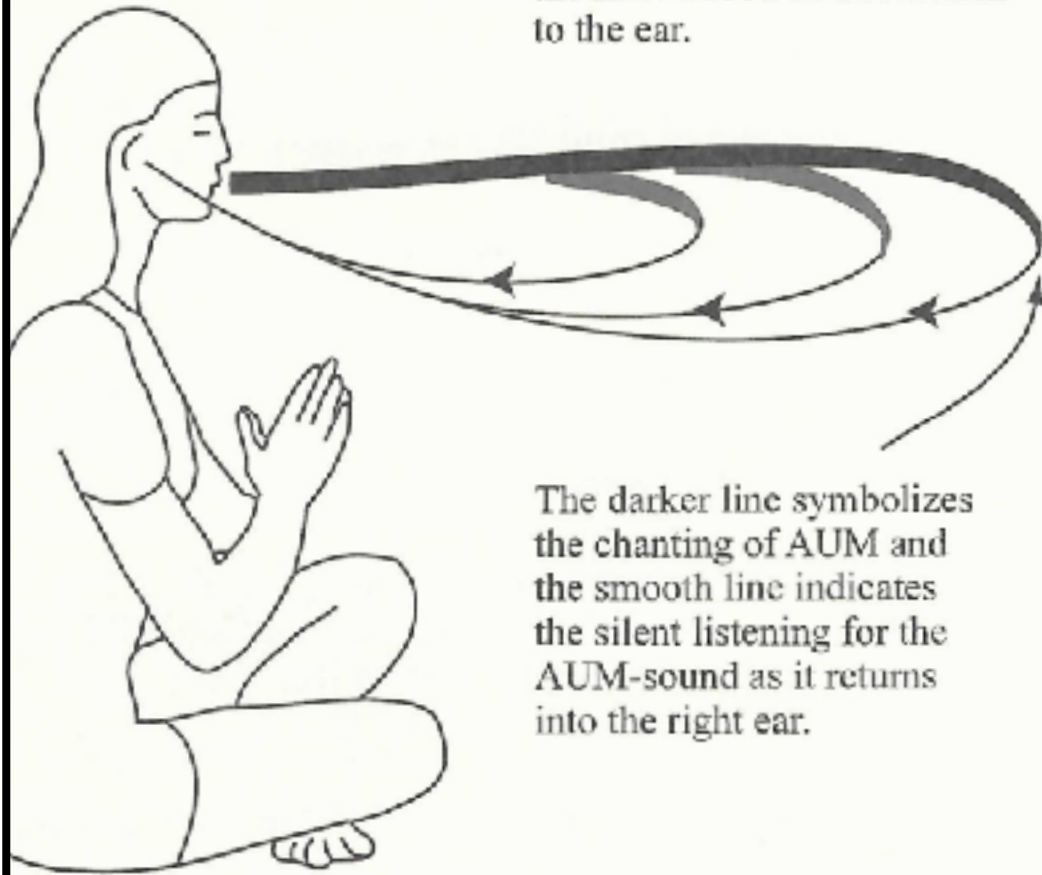


DIAGRAM OF THE AUM-TRACKING

With each tracking, the circle becomes larger and larger, and the inner AUM-sound returns to the ear.



The darker line symbolizes the chanting of AUM and the smooth line indicates the silent listening for the AUM-sound as it returns into the right ear.