

BIOGRAPHY APPROACH #1			
EVENTS The Headlines	What was I thinking at that time?	What was I feeling at that time?	Lessons learned / conclusions drawn at that time

BIOGRAPHY APPROACH #2

What is the “history” of your Big Assumption? When was it born? Are there specific situations, feelings, important events or moments you can recall? How long has your BA been around? What were some of its critical turning points?

- What have you learned?**
1. In what ways does the biography explain your Big Assumption? Does it show you any additional Big Assumptions you might be making?
 2. To what extent do you feel that the conditions that led you to develop you BA are relevant to your current life?